

12 Steps to Having Absolutely No Problems in Your Life

1. **Change Your Sources of Energy** – Friction from Problems and Conflicts is Energizing...but Expensive
2. **Hang Out Only with People who Don't Have Problems** – This May Require a New Rolodex!
3. **Eliminate Tolerations in All of Their Forms** – Tolerations Are the Breeding Ground of Problems.
4. **Simplify Your Life** – A Complicated Life is Just Asking for Problems.
5. **Adopt a More Sophisticated Personal Operating System** – Your May be Buggy or Outdated...Upgrade.
6. **Perfect Your Personal Foundation** – When Boundaries are Extensive and Standards are High, Problems Disappear.
7. **Fully Embrace Integrity** – When There Are No Cracks in Your Life, Problems Have No Place to Start.
8. **Automate Everything That is Automated** – Bill-paying, Reminders, Paperwork, Checklists, and Administrivia
9. **Have Healthy Reserves in All Areas** – Time, Money, Love, Space, Opportunities, Solutions – Reserves Prevent Problems.
10. **Declare Yourself To Be a "Problem Free Zone"** – Tell Yourself – Tell Your Friends – Tell the World... That Will Start to Make It So.
11. **Take the Path of Least Resistance** – There is Always an Easier, and Probably Better, Way... Why Force Things, or Yourself?
12. **Abandon Hope** – Hope Causes Problems Because You Take Your Eyes off the Present/Real



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